

## **Myride2**

Transportation services for seniors and adults with disabilities

myride2.com

1-855-myride2 (1-855-697-4332)

## **Services For Older Citizens**

158 Ridge Road  
Grosse Pointe Farms, MI, 48236  
313-882-9600

## **Detroit Area Agency on Aging**

1333 Brewery Park Boulevard, Suite 200  
Detroit, MI, 48207  
313-446-4444  
www.mi-seniors.net

## **Macomb Community Action**

Action Center that offers services to income-eligible Macomb County residents to promote self-sufficiency

21885 Dunham Rd., Suite 6  
Clinton Township, MI, 48036  
586-469-5228  
<http://mca.macombgov.org/MCA>

## **Older Persons' Commission**

650 Letica Drive  
Rochester, MI 48307  
248-608-0260  
<https://www.opcseniorcenter.org/>

## **National Care Planning Council**

A comprehensive resource for eldercare, senior care, senior veterans, and long term care planning  
<http://www.longtermcarelink.net/>  
1-800-989-8137

## **A Place for Mom**

Information regarding alternating living arrangements including assisted living and respite care  
aplaceformom.com  
1-866-518-0936

## **Eldercare Locator**

Assists in finding local resources for various services such as transportation, adult day care and more

eldercare.gov  
1-800-677-1116

**AARP**

Numerous resources for individuals, caregivers and families

aarp.org  
1-888-687-2277

**Alzheimer's Association**

Resources for patients and caregivers

<https://www.alzheimersnavigator.org/>

24/7 Helpline 1.800.272.3900

**American Cancer Society**

Information for patients and caregivers with cancer

cancer.org  
800.227.2345

**American Heart Association**

Patient and Caregiver Support Network

<https://supportnetwork.heart.org/>

**American Diabetes Association**

Numerous resources for meals, medications and more

<http://www.diabetes.org/>

**Fraser Agency, LLC**

Home Health Services for Roseville, Clinton Township, Fraser, Sterling Heights, and Chesterfield

Address  
32811 Utica Rd  
Fraser, MI 48026  
586-293-1717

This website has a number of resources available: transportation, caregiver support, dental. Just type in what you are looking for in the search-bar and you will get an extensive list. [julieslist.homestead.com](http://julieslist.homestead.com)

Henry Ford Caregiver Support Group- 313 874 4838

American Cancer Society 1 800 227 2345

National Alliance on Mental Illness- NAMI Metro

Help Lines: 248 773 2296 or 248 277 1500

Alzheimer's Association [alz.org](http://alz.org)- 24/7 Helpline: 1 800 272 3900

Ongoing educational programs and conferences

Respite care in conjunction with Area Agency on Aging – Respite Care Coordinator

Metro Lift 313 933 1300

SMART Connector 866 962 5515

University of Detroit Mercy Dental Center

2700 Martin Luther King Jr. Blvd

Detroit, MI 48208

313 494 6700

Dr. Golden Dental Center sponsors a program periodically where they provide free x-rays and extractions for those in need of dental care. Please contact Donna at 248 210 6443 for details. The next event is 12 2 2017.

Wayne County Community College Dental Hygiene Clinic

313 943 4009

313 943 4040

Greater Detroit Agency for the Blind and Visually Impaired: 313 272 3900

Bureau of Services for the Blind 313 456 1646

World Medical Relief- 313 866 5333

21725 Melrose Ave

Southfield, MI 48075

Previously located in Detroit on Rosa Parks Blvd.- relocated to Southfield. Contact number area code is 313.

Pharmacy services, medical supplies, and refurbished DME equipment: wheelchairs, beds, tub benches, shower chairs. Selection depends on availability. Requires PCP order.

ADT Medical Alert System- 1800 658 7091

[www.adt.com/health](http://www.adt.com/health)

Phillips Lifeline Medical Alert Service

1 855 655 4400 extension: 55240

This website has a number of resources available: transportation, caregiver support, dental. Just type in what you are looking for in the search-bar and you will get an extensive list. [julieslist.homestead.com](http://julieslist.homestead.com)

Henry Ford Caregiver Support Group- 313 874 4838

American Cancer Society 1 800 227 2345

National Alliance on Mental Illness- NAMI Metro

Help Lines: 248 773 2296 or 248 277 1500

Alzheimer's Association [alz.org](http://alz.org)- 24/7 Helpline: 1 800 272 3900

Ongoing educational programs and conferences

Respite care in conjunction with Area Agency on Aging – Respite Care Coordinator

Metro Lift 313 933 1300

SMART Connector 866 962 5515

University of Detroit Mercy Dental Center

2700 Martin Luther King Jr. Blvd

Detroit, MI 48208

313 494 6700

Dr. Golden Dental Center sponsors a program periodically where they provide free x-rays and extractions for those in need of dental care. Please contact Donna at 248 210 6443 for details. The next event is 12 2 2017.

Wayne County Community College Dental Hygiene Clinic

313 943 4009

313 943 4040