

2015 WHITE HOUSE
CONFERENCE
on **AGING**

Federal Resources for Caregivers

Below is a selection of federal resources for caregivers

U.S. Department of Health and Human Services (HHS)

Administration for Community Living (ACL)

Eldercare Locator | <http://www.eldercare.gov/>

The ACL Eldercare Locator is a website and call center that links you to state and local agencies on aging and community-based organizations that serve older adults and their caregivers.

National Family Caregiver Support Program |

[http://www.acl.gov/NewsRoom/Publications/docs/National Family Caregiver Support Program2014.pdf](http://www.acl.gov/NewsRoom/Publications/docs/National_Family_Caregiver_Support_Program2014.pdf)

Alzheimer's Disease Supportive Services Program |

[http://www.acl.gov/NewsRoom/Publications/docs/Alzheimers Disease Supportive Services Program 1.pdf](http://www.acl.gov/NewsRoom/Publications/docs/Alzheimers_Disease_Supportive_Services_Program_1.pdf)

Lifespan Respite Program |

[http://www.acl.gov/NewsRoom/Publications/docs/Lifespan Respite Care Program2014.pdf](http://www.acl.gov/NewsRoom/Publications/docs/Lifespan_Respite_Care_Program2014.pdf)

Alzheimers.gov | <http://alzheimers.gov/>

This site is the government's resource for Alzheimer's disease and related dementias.

Center for Disease Control and Prevention (CDC)

CDC's Healthy Brain Initiative Road Map | <http://www.cdc.gov/aging/healthybrain/>

The CDC's Healthy Aging Program and the Alzheimer's Association developed this road map to advance cognitive health as a vital, integral component of public health. It outlines how state and local public health agencies and their partners can promote cognitive functioning, address cognitive impairment for individuals living in the community, and help meet the needs of caregivers.

Behavioral Risk Factor Surveillance System Caregiving Optional Module |

<http://www.cdc.gov/brfss/>

Starting in 2015, states have the option of adding an 8-item Caregiving module to the Behavioral Risk Factor Surveillance System surveys. Using this module allows states to determine the percent of people who self-report being a caregiver, ascertain the relationship between caregiver and recipient, calculate the average hours of caregiving per week, document the types of assistance needed, identify the major health problems, illnesses, or disabilities of the care recipient, measure the duration of caregiving, and detail the type of assistance most needed by the caregiver.

Adult Caregivers in the United States: Characteristics and Differences in Well-being, by Caregiver Age and Caregiving Status | http://www.cdc.gov/pcd/issues/2013/13_0090.htm

The article is an examination of the characteristics of adults who are providing regular care or assistance to friends or family members who have health problems, long-term illnesses, or disabilities.

STEADI | <http://www.cdc.gov/homeandrecreationalafety/Falls/steady/patients.html>

The STEADI Initiative to prevent falls includes educational materials designed specifically for health care providers, older adults, and their caregivers. Materials include information on how to check for fall risk and how to prevent falls.

Substance Abuse and Mental Health Services Administration (SAMHSA)

Treatment of Depression in Older Adults Evidence-Based Practices (EBP) KIT |

<http://store.samhsa.gov/product/Treatment-of-Depression-in-Older-Adults-Evidence-Based-Practices-EBP-KIT/SMA11-4631CD-DVD>

This KIT includes a guide to help older adults and caregivers recognize depression, access treatment, make informed choices, and remain involved in care decisions.

U.S. Department of Housing and Urban Development (HUD)

Rental Assistance | http://portal.hud.gov/hudportal/HUD?src=/topics/rental_assistance

Locate rental housing supported by HUD's programs; learn more about renting and HUD rental assistance programs, as well as your rights and fair housing information.

Information for Senior Citizens |

http://portal.hud.gov/hudportal/HUD?src=/topics/information_for_senior_citizens

For information on HUD programs specific to senior citizens.

U.S. Department of Labor

Information on the Family and Medical Leave Act (FMLA) | Among other things, the FMLA entitles eligible employees of covered employers to take unpaid, job-protected leave for specified family and medical reasons. More information can be found here: <http://www.dol.gov/whd/fmla/>.

Home Care Final Rule, providing minimum wage and overtime pay for direct care workers | For information about wages and pay visit: <http://www.dol.gov/whd/homecare/>. Information such as a "self-assessment" to determine whether a worker is entitled to federal minimum wage and overtime pay is available at: <http://www.dol.gov/whd/homecare/workers.htm> Information specific to individuals and families is available at: <http://www.dol.gov/whd/homecare/individuals.htm>.

Older Women Workers and Economic Security |

http://www.dol.gov/wb/factsheets/OlderWomen_IssueBrief-F-508.pdf

The issue brief answers these questions: How and why does the gender wage gap vary by age? How do earnings for older women differ by race and ethnicity? What can be done to tackle the gender wage gap and improve women's lifetime earnings?

U.S. Department of Veterans Affairs (VA)

Department of Veterans Affairs' Caregiver Support Line | Toll free 1-855-260-3274

The support line can discuss assistance available from the VA, help access services, answer questions about eligible services, or connect caregivers with the Caregiver Support Coordinator at the closest VA Medical Center.

Department of Veterans Affairs' Caregiver Support | <http://www.caregiver.va.gov/>

This website provides resources for caregivers and Veterans, including resources available to caregivers, and videos and stories of caregivers of Veterans. The website also has a zip code look up feature, allowing caregivers and Veterans to find the name and contact information of the closest Caregiver Support Coordinator.

Veterans Health Library | <http://www.veteranshealthlibrary.org/>

This website provides information on common health issues faced by Veterans, including information related to caring for a Veteran with a specific illness, injury, or condition.

Department of Veterans Affairs' Guide to Long Term Services and Supports |

<http://www.va.gov/GERIATRICS/Guide/LongTermCare/index.asp>

This website provides an overview of VA long-term services and supports